

Older People

Humberside

Owen Project - Older Workers Employment Network

The Owen project is aimed at mature people who have experienced ageism as a barrier to gaining employment.

33 Lairgate
Beverley
HU17 8ET

01482 877670

owen.project@eastriding.gov.uk

www.owenproject.co.uk/ccm/navigation/home/

Bridlington - PAGER Advocacy

This advocacy service provides advice and support to the over 50's on Wednesday and Thursday mornings.

North Bridlington Library
Marton Gate
Bridlington
YO16 6YD
United Kingdom

01262 609135

Bridlington - ERICA

This organisation offers an advocacy service for the elderly, in order to maintain their independence. They have a drop in centre run by volunteers open Tuesday, Wednesday and Thursday 10-4 pm for you to go and seek advice and support.

4-6 Victoria Road
Bridlington
YO15 2BW

01262 424372

AGE UK East Riding

Age UK East Riding provides a range of services including information and advice and a good neighbour scheme.

16 North Bar Within
Beverley
HU17 8AX

01482 869 181

info@ageukeastriding.org.uk

<https://www.ageuk.org.uk/eastriding/>

AGE UK Hull

Age UK Hull provides a range of services including advice and information, home support and various local projects.

Age UK Hull - Healthy Living Centre
Bradbury House
Porter Street
Hull
HU1 2RH

01482 324644

mailbox@ageukhull.org.uk

<https://www.ageuk.org.uk/>

AGE UK

Age UK NE Lincolnshire provides a range of services including information and advice, lunch clubs and activities.

Age UK North East Lincolnshire
27 Osborne Street
Grimsby
DN31 1EY

01472 344976

admin@ageuknelincs.org.uk

www.ageuk.org.uk/northeastlincs