

Physical Health and Disability

Humberside

East Yorkshire Council of Disabled People

Organisation for advice and support regarding any issue around disabilities

4 - 6 Victoria Road
Bridlington
YO15 2BW
United Kingdom

01262 604 816

<http://www2.eastriding.gov.uk/living/help-for-people-with-disabilities/>

Choices and Rights Disability Coalition (CARDC)

Choices and Rights is an organisation for disabled people in the Kingston upon Hull and East Riding of Yorkshire area. We are 100% run and controlled by disabled people. We believe that the best experts on the needs of disabled people are disabled people themselves and as a result, Choices and Rights membership and reputation has grown because agencies and organisations know that when they seek consultation with us they will have dialogue with a delegation of disabled people.

The Centre for Independent Living
Jude Lodge (Tiverton House)
Tiverton Road
Bransholme
Hull
HU7 4DQ

Tel: 01482 878778

Fax: 01482 370999

Textphone: 01482 370986

Email: office@choicesandrights.org.uk

PAUL for Brain Recovery

We are a charity that was founded by a brain injury survivor – Paul Spence. Because of this we have an understanding of what people are up against! Paul started his brain recovery in 2012. He faced a long difficult recovery and realised the lack of support in the community. We know that people are left lost, lonely, confused and vulnerable after brain injury. The injury can come with devastating consequences and be life changing for everyone affected. For those reasons, there needs to be somewhere to go, a lifeline, a place where they can get comfort, support, education and inspiration. PAUL For brain recovery exists to make life easier after brain injury by providing advice and support to empower all affected by brain injury.

Wilberforce Health Centre
6-10 Story Street
Hull
HU1 3SA

01482 620229

www.paulforbrainrecovery.co.uk

Special Stars Foundation

Special Stars Foundation is a not-for-profit registered charity. We offer a variety of services with the aim of improving the quality of life for people with disabilities and their families in the Hull and East Yorkshire region, We have often been referred to as a 'lifeline' for families caring for a child/ young person with a disability who have previously been isolated before finding out about us.

Special Stars Foundation
171 High Street
Hull
HU1 1NE

01482 227657

info@heyspecialstars.co.uk

www.heyspecialstars.co.uk/