

# Mental Health

## South Yorkshire

### Mental Health Access Team (MHAT), Barnsley

The mental health access team aims to improve access to psychological therapy and recovery focussed treatment for people with mild to moderate anxiety and depression. The team makes sure that people with common mental health conditions are offered evidence based treatments.

MHAT  
Rose Tree Avenue  
Cudworth  
Barnsley  
S72 8UA

01226 644 900

[www.southwestyorkshire.nhs.uk/our-services/directory/barnsley-mental-health-access-team](http://www.southwestyorkshire.nhs.uk/our-services/directory/barnsley-mental-health-access-team)

### Rotherham and Barnsley Mind

A provider of mental health services in Rotherham and Barnsley, offering a variety of services including one-to-one counselling, group sessions and support for young people.

Rotherham and Barnsley Mind  
Arcadia House  
Market Street  
S70 1SN

01226 211 188 (Barnsley)

01709 919 929 (Rotherham)

[contactus@rbmind.co.uk](mailto:contactus@rbmind.co.uk)

[www.rbmind.co.uk/](http://www.rbmind.co.uk/)

## **Cloverleaf Advocacy – Barnsley**

Provides advocacy to a range of people in their homes and other community settings across Barnsley.

Barnsley Advocacy Service  
Arcadia House  
72 Market Street  
Barnsley  
S70 1SN

0300 012 0412

[barnsleyadvocacy@cloverleaf-advocacy.co.uk](mailto:barnsleyadvocacy@cloverleaf-advocacy.co.uk)

[www.cloverleaf-advocacy.co.uk/offices/barnsley](http://www.cloverleaf-advocacy.co.uk/offices/barnsley)

## **BIADS (Barnsley Independent Alzheimer's and Dementia Support)**

Provides support for people in Barnsley who have any form of dementia and their family and friends.

BIADS  
Jospeh Exley House  
Dean Street  
Barnsley  
S70 6EX

01226 280 057

[biads@btconnect.com](mailto:biads@btconnect.com)

<http://biads.org.uk/>

## **Together for Mental Wellbeing (Barnsley)**

Community support services for members of the community who have mental health issues.

Room 31  
Priory Campus  
Pontefract Road  
Barnsley  
S71 5PN

01226 770 895

[barnsleymws@together-uk.org](mailto:barnsleymws@together-uk.org)

[www.together-uk.org/projects/barnsley-mental-wellbeing-services/](http://www.together-uk.org/projects/barnsley-mental-wellbeing-services/)

## **IAPT Doncaster – The Talking Shop**

A drop-in advice and psychological therapy shop in Doncaster providing information on mental health issues and about the therapies available.

Doncaster – The Talking Shop  
63 Hall Gate  
Doncaster  
DN1 3PB

01302 565 650

[www.talkingsense.org](http://www.talkingsense.org)

## **Doncaster Mind**

A provider of a range of services and support to people in Doncaster experiencing, or vulnerable to, mental ill health.

Doncaster Mind  
2 - 5 Princes Street  
Doncaster  
DN1 3NJ

01302 812 190

01302 812 505

[office@doncatermind.co.uk](mailto:office@doncatermind.co.uk)

[www.doncatermind.org.uk](http://www.doncatermind.org.uk)

## **Cloverleaf Advocacy – Sheffield and Doncaster**

Work in partnership with Sheffield Citizens Advice to deliver advocacy services across Sheffield and Doncaster. We provide an Independent Advocacy Service for adults with a Learning Disability in Sheffield - in partnership with Sheffield CAB - as part of the de-registration programme.

01724 854 952

[sheffield@cloverleaf-advocacy.co.uk](mailto:sheffield@cloverleaf-advocacy.co.uk)

[www.cloverleaf-advocacy.co.uk/offices/sheffield-and-doncaster](http://www.cloverleaf-advocacy.co.uk/offices/sheffield-and-doncaster)

## Doncaster Dementia Road Map

Doncaster Directory of Dementia Services, helping you to access services in Doncaster.

[www.dementiaroadmap.info/doncaster/wp-content/uploads/sites/15/Dementia-Directory-Final-March-2017.pdf](http://www.dementiaroadmap.info/doncaster/wp-content/uploads/sites/15/Dementia-Directory-Final-March-2017.pdf)

## IAPT Rotherham – Talking Sense

A local NHS Service in Rotherham that offers therapy to people with common mental health problems.

Rotherham IAPT  
23A Clifton Lane  
Rotherham  
S65 2AA

01709 447 755

[www.talkingsense.org](http://www.talkingsense.org)

## Rotherham and Barnsley Mind

A provider of mental health services in Rotherham and Barnsley, offering a variety of services including one-to-one counselling, group sessions and support for young people.

Rotherham and Barnsley Mind  
Osbourne House  
1 – 2 Highfield  
Doncaster Road  
Rotherham  
S65 1DZ

01709 919 929 (Rotherham)

01226 211 188 (Barnsley)

[contactus@rbmind.co.uk](mailto:contactus@rbmind.co.uk)

[www.rbmind.co.uk](http://www.rbmind.co.uk)

## **Cloverleaf Advocacy – Absolute Advocacy Rotherham**

Provides advocacy to a range of people in their homes and other community settings across Rotherham.

Absolute Advocacy  
Unit 3 Bessemer Way  
Bessemer Business Park  
Rotherham  
S60 1EN

01709 794 294

[enquiries@absoluteadvocacy.org.uk](mailto:enquiries@absoluteadvocacy.org.uk)

[www.cloverleaf-advocacy.co.uk/offices/rotherham](http://www.cloverleaf-advocacy.co.uk/offices/rotherham)

## **Together for Mental Wellbeing – Rotherham Pathways Project**

Offers support to vulnerable young adults (16-24), who are in contact with police and emergency services in Rotherham.

Floor 2B  
Riverside House  
Main Street  
Rotherham  
S60 1AE

07880032738 or 07557230318

[rotherham@together-uk.org](mailto:rotherham@together-uk.org)

[www.together-uk.org/projects/rotherham-pathways-project-2](http://www.together-uk.org/projects/rotherham-pathways-project-2)

## **IAPT Sheffield**

An NHS adult service offering a range of free psychological therapies to people who work and/or live in Sheffield.

Sheffield IAPT  
St George's Community Health Centre  
Winter Street  
Sheffield  
S3 7ND

0114 226 4380

[iapt.info@shsc.nhs.uk](mailto:iapt.info@shsc.nhs.uk)

[www.iaptsheffield.shsc.nhs.uk](http://www.iaptsheffield.shsc.nhs.uk)

## Sheffield Mind

A provider of a range of services and support to people in Sheffield experiencing, or vulnerable to, mental ill health.

Sheffield Mind  
110 Sharrow Lane  
Sheffield  
S11 8AL

0114 258 4489

[info@sheffieldmind.co.uk](mailto:info@sheffieldmind.co.uk)

[www.sheffieldmind.co.uk/](http://www.sheffieldmind.co.uk/)

## Cloverleaf Advocacy – Sheffield and Doncaster

Work in partnership with Sheffield Citizens Advice to deliver IMCA services across Sheffield and Doncaster.

01724 854 952

[sheffield@cloverleaf-advocacy.co.uk](mailto:sheffield@cloverleaf-advocacy.co.uk)

<https://www.cloverleaf-advocacy.co.uk/offices/sheffield-and-doncaster>

## Interchange Sheffield

An emotional well-being service for children and young people under 25 in Sheffield

Initial contact via the website: [www.interchangesheffield.org.uk/contact](http://www.interchangesheffield.org.uk/contact)

## Alzheimer's Society

The UK's leading dementia support and research charity, supporting anyone affected by any form of dementia in England, Wales and Northern Ireland.

Alzheimer's Society  
43-44 Crutched Friars  
London  
EC2N 2AE

0300 222 1122

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

## Rethink

Support for anyone affected by mental health issues.

0300 5000 927

0808 801 0440 (24 hour helpline)

[www.rethink.org](http://www.rethink.org)

## SANE

Working to improve quality of life for anyone affected by mental health.

0300 304 7000 (16:30 – 22:30 daily)

[info@sane.org.uk](mailto:info@sane.org.uk)

[www.sane.org.uk](http://www.sane.org.uk)